

## Practice Log – Blues Training

Place a 1, 2, 3, or 4 in each box to take note of the level to which you are practicing that skill.

Name:

### Week 1

	Session	Day 2	Day 3	Day4	Day 5	Day 6	Day 7
Vertical							
Horizontal							
Diagonal							
CAGED							
Fretboard							
Improv (tick)							

### Week 2

	Session	Day 2	Day 3	Day4	Day 5	Day 6	Day 7
Vertical							
Horizontal							
Diagonal							
CAGED							
Fretboard							
Improv (tick)							

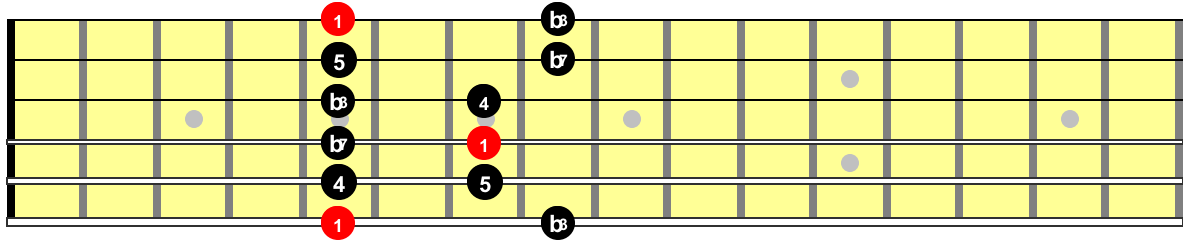
### Week 3

	Session	Day 2	Day 3	Day4	Day 5	Day 6	Day 7
Vertical							
Horizontal							
Diagonal							
CAGED							
Fretboard							
Improv (tick)							

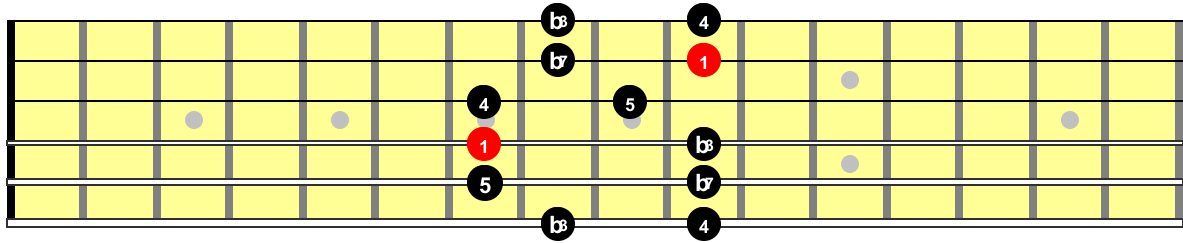
### Week 4

	Session	Day 2	Day 3	Day4	Day 5	Day 6	Day 7
Vertical							
Horizontal							
Diagonal							
CAGED							
Fretboard							
Improv (tick)							

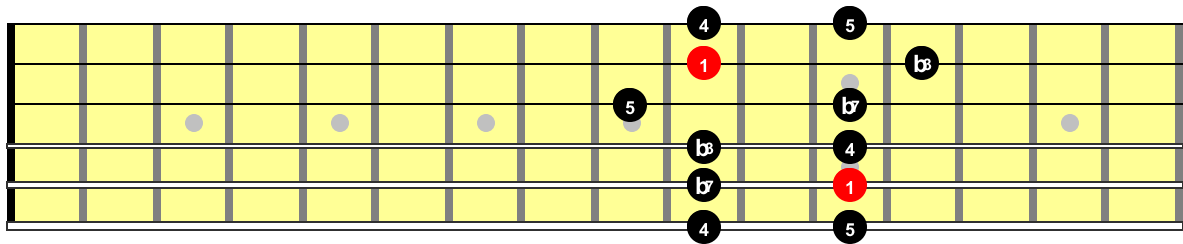
Pattern 1



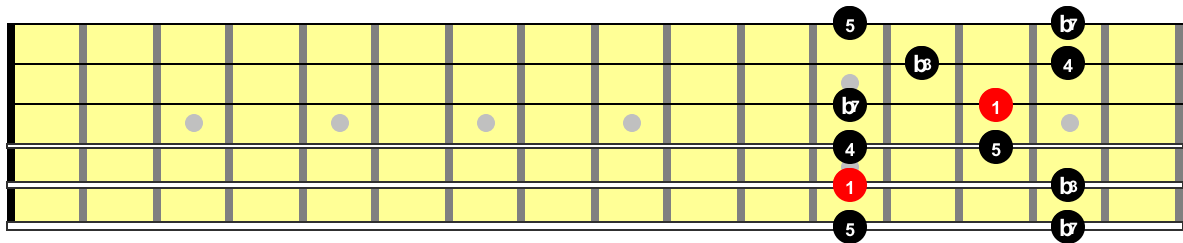
Pattern 2



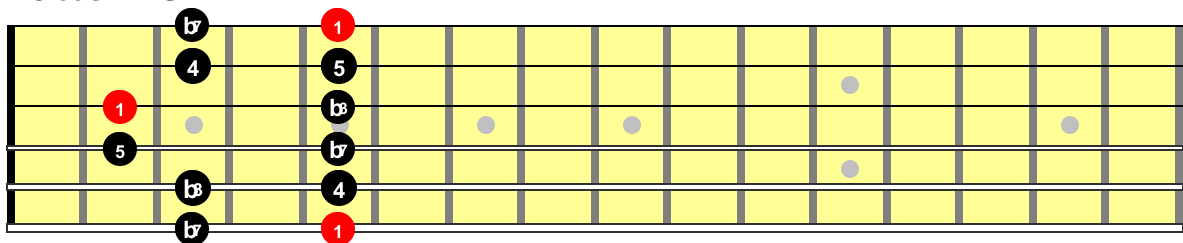
Pattern 3



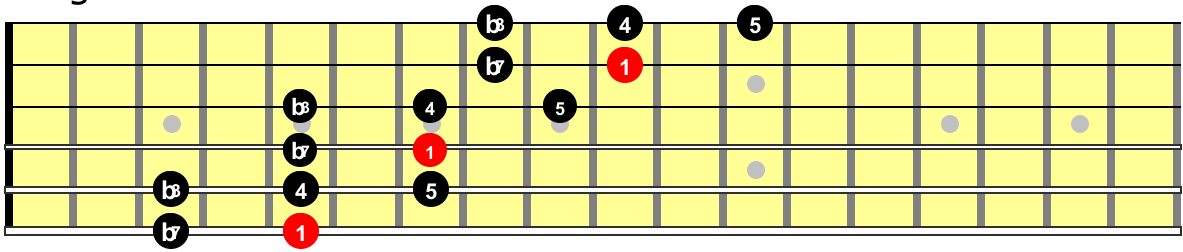
Pattern 4



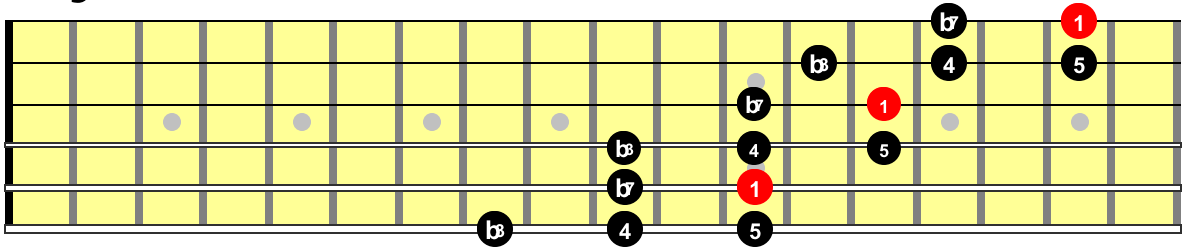
Pattern 5



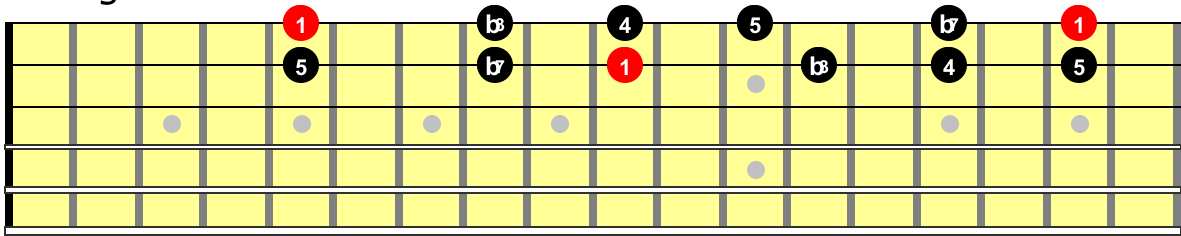
## Diagonal 1



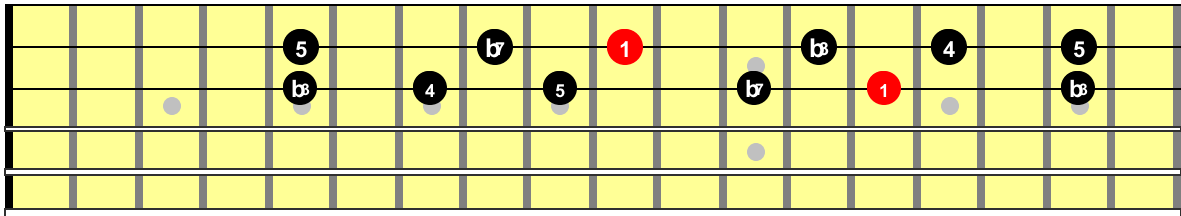
## Diagonal 2



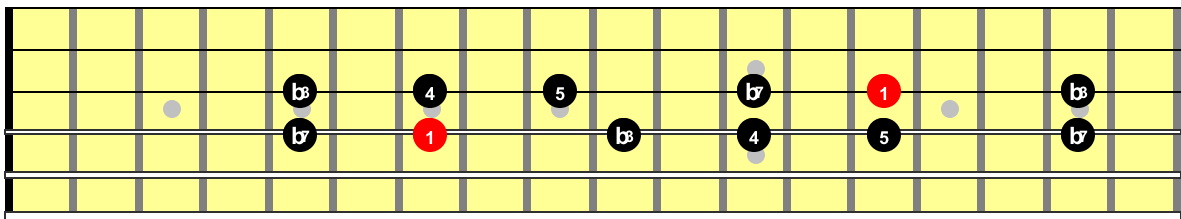
### Strings 1 and 2



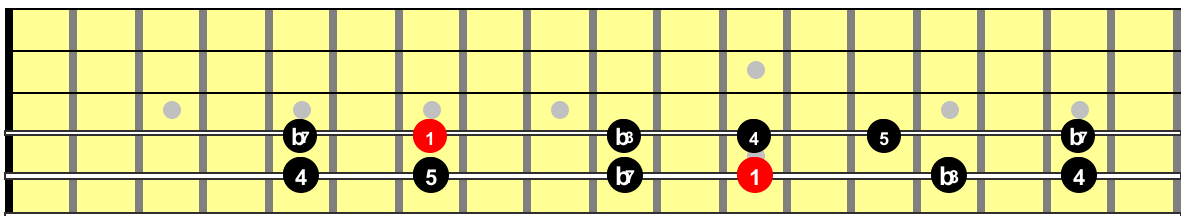
### Strings 2 and 3



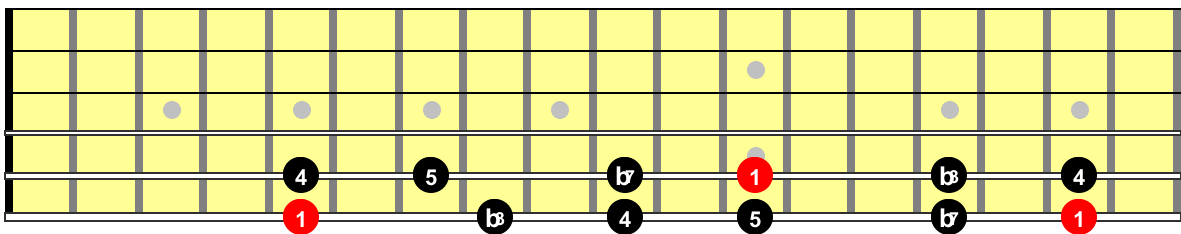
### Strings 3 and 4



### Strings 4 and 5



### Strings 5 and 6



### Level 1

A musical staff with a yellow background and four horizontal lines. The notes are placed on the lines and in the spaces between lines. The notes are: F (line 1), F# (space 1), G (line 2), G# (space 2), A (line 3), Bb (space 3), B (line 4), C (space 4), C# (line 5), D (space 5), D# (line 6), and E (space 6). The staff is labeled 'E' at the top and bottom.

### Level 2

A musical staff with a yellow background and four horizontal lines. The notes are placed on the lines and in the spaces between lines. The notes are: Bb (space 1), B (line 2), C (space 2), C# (line 3), D (space 3), D# (line 4), E (space 4), F (line 5), F# (space 5), G (line 6), G# (space 6), and A (line 7). The staff is labeled 'A' at the bottom.

### Level 3

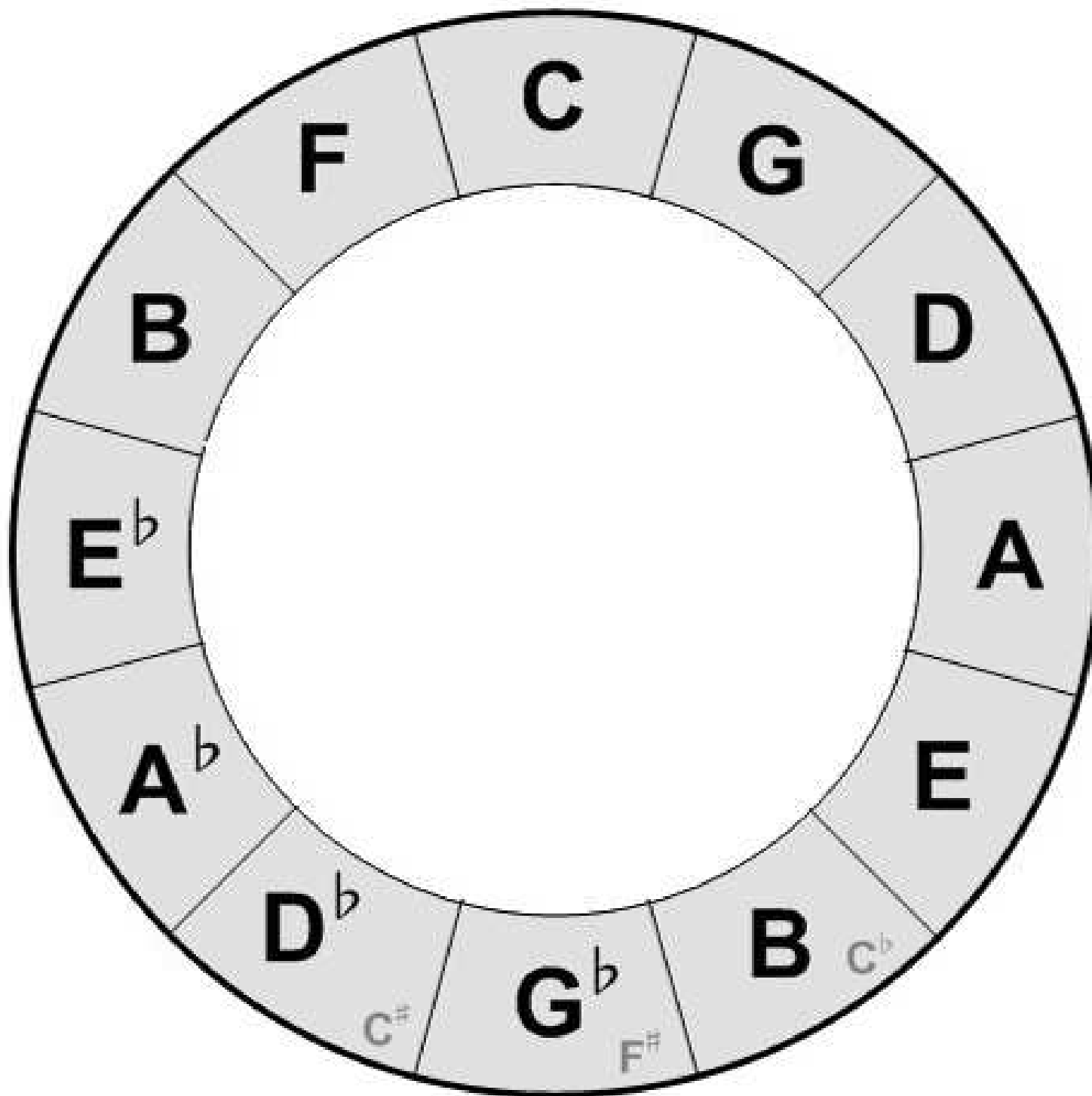
A musical staff with a yellow background and four horizontal lines. The notes are placed on the lines and in the spaces between lines. The notes are: D# (space 1), E (line 2), F (space 2), F# (line 3), G (space 3), G# (line 4), A (space 4), Bb (line 5), B (space 5), C (line 6), C# (space 6), and D (line 7). The staff is labeled 'D' at the bottom.

### Level 4

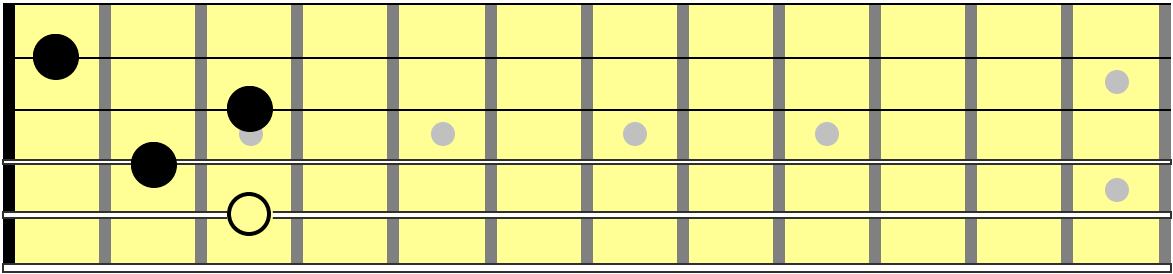
A musical staff with a yellow background and four horizontal lines. The notes are placed on the lines and in the spaces between lines. The notes are: G# (space 1), A (line 2), Bb (space 2), B (line 3), C (space 3), C# (line 4), D (space 4), D# (line 5), E (space 5), F (line 6), F# (space 6), and G (line 7). The staff is labeled 'G' at the bottom.

### Level 4 (continued)

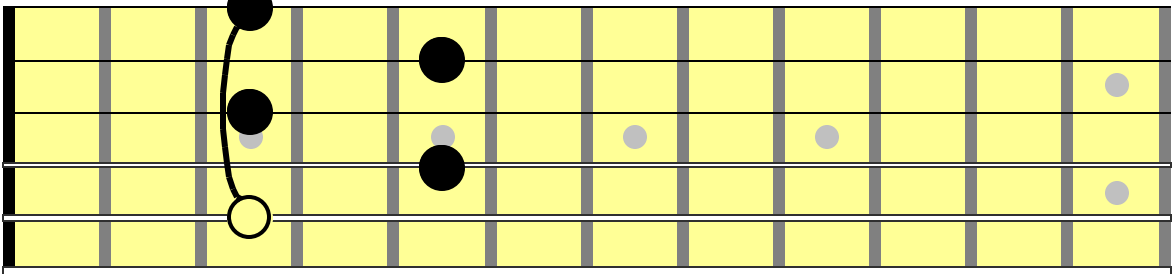
A musical staff with a yellow background and four horizontal lines. The notes are placed on the lines and in the spaces between lines. The notes are: C (line 1), C# (space 1), D (line 2), D# (space 2), E (line 3), F (space 3), F# (line 4), G (space 4), G# (line 5), A (space 5), Bb (line 6), and B (space 6). The staff is labeled 'B' at the bottom.



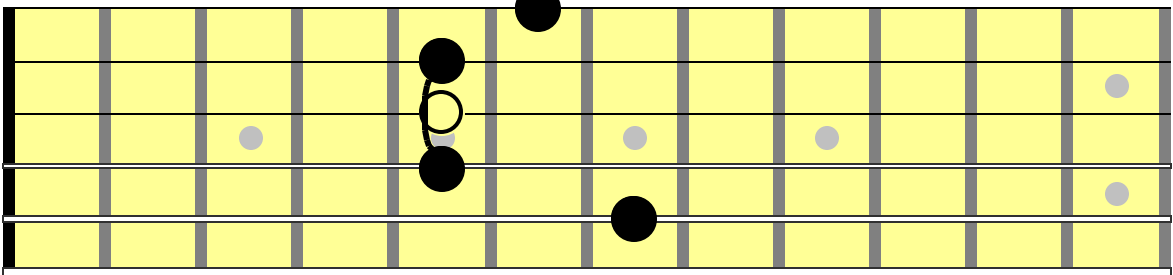
C7 (C shape)



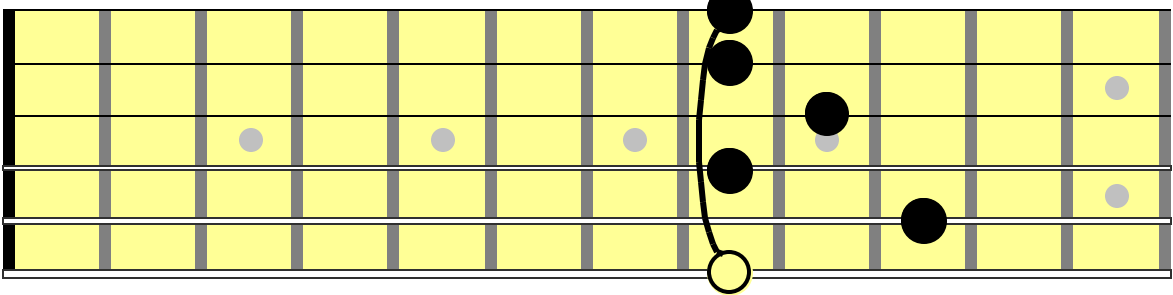
C7 (A shape)



C7 (G shape)



C7 (E shape)



C7 (D shape)

