

# Technical Training - Horizontal - Level 1

1st and 2nd string only - five rhythms

Standard tuning

♩ = 60

Quarter notes

E-Gt

*mf*

1

5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15 15-17 15-17

6

17-15 17-15 15-12 15-13 12-10 13-10 10-8 10-8 8-5 8-5

Eighth notes

11

5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15 15-17 15-17 17-15 17-15 15-12 15-13 12-10 13-10

Swung eighths

15

10-8 10-8 8-5 8-5 5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15

18

15-17 15-17 17-15 17-15 15-12 15-13 12-10 13-10 10-8 10-8 8-5 8-5

(♩ = ♪)   
 Triplets

Musical notation for measures 21-23. Measure 21 starts with a treble clef and a 9/8 time signature. It contains three triplet eighth notes. Measures 22 and 23 continue with similar triplet patterns. Below the staff is a guitar TAB with fret numbers: 5-8, 5-8, 8-10, 8-10, 10-13, 10-12, 13-15, 12-15, 15-17, 17-15, 17-15, 15-12, 15-13, 12-10, 13-10, 10-8, 10-8.

Sixteenths

Musical notation for measures 24-26. Measure 24 starts with a treble clef and a 4/4 time signature. It contains a quarter note followed by a dotted quarter note and two eighth notes. Measures 25 and 26 contain sixteenth note runs. Below the staff is a guitar TAB with fret numbers: 8-5, 8-5, 5-8, 5-8, 8-10, 8-10, 10-13, 10-12, 12-15, 13-15, 15-17, 15-17, 17-15, 15-12, 17-15, 15-13, 12-10, 13-10.

Musical notation for measure 27. It starts with a treble clef and contains a quarter note followed by a dotted quarter note and two eighth notes. Below the staff is a guitar TAB with fret numbers: 10-8, 10-8, 8-5, 8-5.

# Technical Training - Horizontal - Level 2

1st and 2nd string only - five rhythms

Standard tuning

$\text{♩} = 60$

Quarter notes

E-Gt

*mf*

T  
A  
B

5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15 15-17 15-17

T  
A  
B

17-15 17-15 15-12 15-13 12-10 13-10 10-8 10-8 8-5 8-5

Eighth notes

T  
A  
B

5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15 15-17 15-17 17-15 17-15 15-12 15-13 12-10 13-10

$\text{♩} = \text{♩}^{\text{3}}$   
Swung eighths

T  
A  
B

10-8 10-8 8-5 8-5 5-8 5-8 8-10 8-10 10-13 10-12 13-15 12-15

T  
A  
B

15-17 15-17 17-15 17-15 15-12 15-13 12-10 13-10 10-8 10-8 8-5 8-5

(♪ = ♪)  
Triplets

5-8 5-8 8-10 8-10 10-12 10-13 13-15 12-15 15-17 17-15 17-15 15-12 15-13 12-10 13-10 10-8 10-8

Sixteenths

8-5 8-5 5-8 8-10 8-10 10-12 10-13 12-15 13-15 15-17 17-15 17-15 15-12 15-13 12-10 13-10

10-8 10-8 8-5 8-5

# Technical Training - Horizontal - Level 3

1st and 2nd string only - five rhythms

Standard tuning

♩ = 60

Quarter notes

E-Gt

*mf*

T  
A  
B

T  
A  
B

Eighth notes

T  
A  
B

Swung eighths

T  
A  
B

T  
A  
B

(♩ = ♪)   
 Triplets

21 8-5 8-5 10-8 10-8 12-10 13-10 15-12 15-13 17-15 17-15 15-17 15-17 13-15 12-15 10-13 8-10 8-10

Sixteenths

24 5-8 5-8 8-5 8-5 10-8 10-8 12-10 13-10 15-12 15-13 17-15 17-15 15-17 15-17 12-15 13-15 10-12 10-12

27 8-10 8-10 5-8 5-8

# Technical Training - Horizontal - Level 4

1st and 2nd string only - five rhythms

Standard tuning

♩ = 60

E-Gt

Quarter notes

1

*mf*

T  
A  
B

6

T  
A  
B

11

T  
A  
B

15

(♩ =  $\overset{\frown}{\text{3}}$ )

T  
A  
B

18

T  
A  
B

(♩ = ♪)

21

T  
A  
B

5-8 5-8-10-8 10-8-10-13 10-12 15-12 15-13-15-17 15-17-17-15 17-15 13-15 12-15-12-10 8-10

24

T  
A  
B

8-5 8-5 5-8 5-8-10-8 10-8-10-13 10-12-15-12 15-13 15-17 15-17-17-15 17-15-13-15 12-15-12-10 13-10

27

T  
A  
B

8-10 8-10-8-5 8-5